



2020 BROADMOOR OPEN

Sponsored by
The Broadmoor Skating Club, Inc.

Sanctioned by
U.S. Figure Skating

June 28 – July 3, 2020

DEADLINE: May 20, 2020

This is an approved NQS Competition

The **2020 Broadmoor Open** will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates that have been posted on the U.S. Figure Skating website.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and who are currently registered members of a U.S. Figure Skating member club, a collegiate club or who is an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

SERIES INFORMATION: This competition has been approved to participate in the National Qualifying Series.

ELIGIBILITY/TEST LEVEL:

Test level: Competition level is the highest test passed as of the entry deadline, in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event.

Age restrictions/requirements: Singles free skate events (Well Balanced Program) have the following requirements.

This event is a standard U.S. Figure Skating Nonqualifying Competition - LG + MC 2/13/2020



Juvenile: Girls – 12 years or younger; Boys – 13 years or younger
Open Juvenile: Girls – 13 years or older; Boys – 14 years or older
Intermediate must be under the age of 18

Skaters entering pre-juvenile and lower events will be divided as closely as possible by age, should the number of entries warrant more than one group.

COMPETITION REGISTRATION: Entries will only be accepted online via EMS at <https://m.usfigureskating.org/ems> in the Members section. Online registration opens March 25th at 8:00 AM ET and closes May 20th at 11:59 PM ET. Skaters wishing to register for the competition will need their U.S. Figure Skating member number and password. Late entries will be accepted at the discretion of the referee and the LOC **with a \$5 fee being assessed**. All returned checks will be charged a \$40 handling fee.

EMS REGISTRATION:

Entries will be accepted via [EMS](#) with credit card only.
Each transaction is subject to a 3% credit card fee.

1. Go to www.usfsaonline.org – Members Only
2. Enter your U.S. Figure Skating or Learn to Skate Member number and password
 - a. If you need assistance with your member number and password, contact Member Services at memberservices@usfigureskating.org.
3. Click the blue EMS button then “Competition Registration”
4. Choose “2020 Broadmoor Open” from the list of competitions.
 - a. If you need assistance completing your registration, contact productsupport@usfigureskating.org.

FOREIGN SKATERS:

Non-U.S. skaters intending to register for this competition must set up a non-member account prior to registering for the competition ([click here for HOW TO](#)). This can be done by choosing the “Non-Member? Create Account” option on the [Members Only](#) login page.

PARTNERED EVENTS:

Only one partner needs to complete registration for the team. During the registration process, you will be asked to identify your partner and verify their test information. **The registered partner will be responsible for managing all aspects of the competition for the team including music/PPC upload, practice ice sales, etc.**

REFUND POLICY: Entry fees will **NOT** be refunded after entry deadline unless no competition exists or the event is canceled. There will be no refunds of entry fees or practice ice fees for any reason including medical withdrawals.

SCHEDULE: Competitors may be scheduled on any day or time for the announced dates of the competition. The competition and practice ice schedule will be available after the close of entries. All participants will be notified via email once available. A Tentative Event Schedule will be posted on the Broadmoor SC website at www.broadmoorskatingclub.com.

FACILITIES: The competition will be held at the Broadmoor World Arena & Ice Halls, 3185 Venetucci Blvd., Colorado Springs, CO 80906. There are three ice surfaces. The World Arena is 200’ x 100’ with seating for 8100. In the Ice Hall, the Olympic Rink is 200’ x 100’ and the NHL Rink is 200’ x 85’.

EMS MUSIC UPLOAD:

DEADLINE: June 21st – After this date a \$5 late fee will be assessed.

EMS SKATER MUSIC UPLOAD HOW TO: [CLICK HERE](#)

If you need assistance, email productsupport@usfigureskating.org

All competition music must be electronically submitted via the EMS Skater Portal through the Music & Program Content tab no later than **June 21, 2020**. After this date a \$5 fee will be assessed.

All competition music must be electronically submitted via the EMS Skater Portal through the Music & Program Content tab no later than **June 21, 2020**. After this date, skaters will be locked out of this feature in EMS and subject to a \$5 late fee. The late fee will automatically be added to each skater's cart who doesn't meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to receiving the skater credential onsite.

All music must meet the following criteria. If you have questions about what format you have, please contact your coach and get a new version of your music that meets the criteria listed below.

MUSIC CRITERIA:

- File Format: MP3
- Bit Rate: 192 kbps or higher and Sample Rate: 44,100 kHz
 - This will be verified by the music chair and they may request you upload a corrected file
- Leaders and trailers (the silence or "dead space" before and after the actual start and end of the program music) may not exceed two (2) seconds. We prefer that there be NO leaders or trailers at all. Excessive leaders and trailers may disrupt the playing of the music during competition.

Competitors must also bring a copy of their competition music on CD or digital copy as a backup in case of technical difficulties and must be available rink side during the competition. Only CDs (standard CD-R format only) will be accepted for backups and must be clearly marked with the competitor's name, event, and running time.

EMS PLANNED PROGRAM CONTENT (PPC) – IF IJS:

DEADLINE: DATE June 21st – After this date a \$5 fee will be assessed.

EMS PPC UPLOAD HOW TO: [CLICK HERE](#)

If you need assistance, email productsupport@usfigureskating.org

Competitors participating in IJS events must submit their PPC via the EMS no later than **June 21, 2020**.

. After this date, skaters will be locked out of this feature in EMS and subject to a \$5 late fee. The late fee will automatically be added to each skater's cart who doesn't meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to receiving the skater credential onsite.

LIABILITY: U.S. Figure Skating, Broadmoor SC, Inc., and the Broadmoor World Arena and Ice Halls accept no responsibility for injury, theft, or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

ONSITE REGISTRATION: Registration will begin on June 28, 2020 at 7:00 AM and end at 7:00 PM each day. The Registration Desk will be located at Gate A of the World Arena. Please register promptly upon arrival. You **MUST register before you compete to obtain your credential**.

LOCKER ROOMS AND CHANGING AREAS:

Locker rooms and changing areas at U.S. Figure Skating competitive events are for athletes only, will be labeled with regard to specific use, and where identified will be gender specific. An exception can be made for athletes 11 years old and younger that will allow for one parent of the same sex to assist their child immediately prior to and after their skating event(s). Please review the Locker Room and Changing Area Policy and the SafeSport Handbook (both found on the U.S. Figure Skating SafeSport page). No coaches will be allowed in the locker rooms.

PRACTICE ICE: Practice Ice will be available for on-site purchase starting 7 AM Sunday, June 28th at Gate A of the World Arena. Sessions will be 30 min. in length with the exception of warm-ups which are 20 mins. Music will be played on all official and

additional sessions. No music is played on warm-ups. Warm-up sessions are available only to PreJuvenile -Senior level skaters. There will be NO REFUNDS for practice ice fees for any reasons including medical injuries. There is no trading or gifting of sessions. Further Practice Ice information will be posted on the Broadmoor SC website at www.broadmoorskatingclub.com.

EMS PRACTICE ICE:

Pre-Purchase of Practice Ice sessions: closes 5/29 at 10 PM. ET

Pre-Purchase Session Selections: opens 6/2 at 8 AM & closes 6/12 at 10 PM. ET

No sessions will be sold during this time. This is for selecting sessions that were already purchased.

Open Sales: opens 6/17 at 8 AM.

During this time, you may purchase &/or change sessions.

PHOTO/VIDEO: Information will be posted on the Broadmoor Open page of the Broadmoor SC website at www.broadmoorskatingclub.com. A professional photographer will be available. The awards area will be located at Gate B of the World Arena. An Awards Schedule will be available at Registration when you check in. If you cannot attend at the time scheduled for your event, please let us know and we will try to accommodate you.

Note, [per U.S. Figure Skating policy](#), photographing and/or recording of any one other than your own skater is strictly prohibited. Please refer to the Basic Ice Usage and Skater Etiquette Information document found in the Club Resource section of Member's Only.

AWARDS: : Medals will be given in all events for 1st through 4th places off-ice in the photography area. Special trophies will be awarded for outstanding performances in the final round freeski events:

Jenkins trophy - outstanding free skate performance by a Senior competitor.

Monty Hoyt trophy - outstanding free skate performance by a Junior competitor.

Jack Might trophy - outstanding free skate performance by a Novice competitor.

Annette Cramer trophy - outstanding free skate performance by an Intermediate competitor.

Mary Zarpalyic trophy - outstanding free skate performance by a Juvenile competitor.

With the exception of the Cramer trophy, winners will be those with the highest total Performance/Execution and Interpretation components scores. Ties will be broken by the Choreography/Composition component score. The Cramer trophy winner will be selected by members of the Cramer family.

OFFICIAL NOTICES: An official bulletin board will be maintained at Gate A next to the Registration Desk.. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

TEST CREDIT: Skaters that meet the requirements for test credit may request their test credit forms prior to the start of the event at registration. **Forms must be picked up at the registration desk prior to the end of the competition.** There will be a \$5 fee for the test credit packet.

IMPORTANT NOTICE FOR ALL COACHES:

To be a credentialed coach at a sanctioned nonqualifying competition, coaches must be included within a skater's registration or updated through My Coaches, their EMS Skater Portal.

All coach compliance is verified via EMS and is connected to the U.S. Figure Skating database.

The compliance tab within EMS lists ALL individuals who were declared by skaters at the time of registration or through their EMS Skater Portals (also allows access to skater schedule, music/PPC preview etc.). The compliance requirements are tied to our database and are updated daily. Further, if a coach is non-compliant, they will receive system generated emails through the start of the competition. Click [here](#) for additional information

EMS Coach Resources :

- [My Competitions](#)
- [My Skaters](#)
- [Coach Schedule](#)

Coaches of U.S. Figure Skating athletes:

- Current member in good standing with U.S. Figure Skating
- Completed background check (green light status)
- Completed SafeSport Training*
- Continuing Education Requirements (CERs) for the 2020-21 Competition Season
- Proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

Coaches of Compete USA athletes:

- Learn to Skate USA Instructor membership OR U.S. Figure Skating full membership
- Completed SafeSport Training* (for coaches 18 years old and over)
- Completed background check (green light status) (for coaches 18 years old and over)
- Learn to Skate USA Instructor Certification completed (for coaches under 18 years old)

*SafeSport training is available through <http://www.usfsaonline.org> for full members of U.S. Figure Skating (through Learn to Skate USA portal for instructors). There is no cost to this training and certification is valid for 2 seasons

All coaches are verified through the U.S. Figure Skating database who are approved to receive a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential. There can be no exceptions to this policy.

For more information regarding Coach Compliance, please visit the [Coaches Requirements Chart](#)

CONTACT INFO: If you have questions, please contact Barbara Bradley at honeyb23@aol.com or David Hamula at dwhamula2@aol.com. **Phone calls will not be accepted. You must use email.**

ADDITIONAL INFORMATION:

- **Official hotel accommodations** – The Doubletree World Arena Hotel participants block is \$169. Their phone number is (719)-576-8900.

Skaters, parents and coaches should mention Broadmoor Skating Club/ Broadmoor Open when they call. Cut-off date for registrations is 6/10/20. Additional hotel information will be posted on the club website at www.broadmoorskatingclub.com.

- **Airport information** – Two airports are available for your travel convenience. The Colorado Springs Airport is about 15 minutes by car from the World Arena. The Denver International Airport is about 1 ½ hours by car. If you are arriving between 4-6 PM, please allow at least 2 hours travel time to the Springs.

- **Website** – www.broadmoorskatingclub.com

ADMISSION: The competition is open to the general public for viewing at no charge.

CRITIQUES: Critiques will be offered only for Juvenile/Open Juvenile through Senior IJS events. A schedule will be available at Registration. Events to be critiqued will be listed on this schedule. An attempt will be made to include both short and long programs depending on the number of entrants. Excel events will NOT be critiqued. **Critiques will be open only to skaters and their coaches.**

EVENTS OFFERED:

Two entries in a division will constitute a competition. **ENTRANTS MAY SKATE ONE LEVEL ABOVE THAT FOR WHICH THEY ARE QUALIFIED.** Open Juvenile events will be offered if possible. They may, however, be combined with Juvenile events if there are not enough entrants. Pre-Juvenile and lower events will be split by age. Every effort will be made to place those skaters over the age of 12 into separate groups. Test level is as of 4/30/20. Travel plans should not be based solely upon any tentative schedule published prior to the start of the competition. Depending upon the number of entries, it may become necessary to move events to a different day. Please be at the rink at least 1 hour before the start of your event and check in with the monitor at least 20 mins prior to your event.

SEE CURRENT RULEBOOK OR CLICK [HERE](#) FOR CURRENT RULES AND REQUIREMENTS.

ENTRY FEES: All EMS registration fees are credit card only and include a 3% processing fee paid by the skater.

First Singles Event (No Test Juvenile/Open Juvenile)	\$190.00
Combined Singles Event (SP & FS)	\$240.00
Additional Singles Events	\$ 50.00

All Pair Skaters

Combined Pair Event (SP & FS) (Nov-Sr)	\$240 / team
Pre Juvenile – Intermediate FS	\$190/team

All Pair teams should use this fee schedule. These fees are totally separate from the singles event fees.

Practice Ice Fees are posted on the club website Broadmoor Open page at www.broadmoorskatingclub.com.

U.S. FIGURE SKATING EVENTS				
SINGLES	JUDGING	1st EVENT	2nd EVENT	3rd + EVENT
Excel Free Skate	6.0 & IJS	\$190	\$50	\$50
Short Program (2020-2021) (Juvenile & Open Juvenile Only)	IJS	\$190	\$50	\$50
<i>Well Balanced Free Skate (2020-2021) No Test- Pre</i>	6.0	\$190	\$50	\$50
<i>Well Balanced Free Skate (2020-2021) PreJuv/Juv//OpenJuv</i>	IJS	\$190	\$50	\$50
<i>Combined – SP & FS (Int-Sr)</i>	IJS	\$240	\$50	\$50
PAIRS (All Pair teams should use this fee schedule. These fees are totally separate from the singles event fees.)	JUDGING	1st EVENT	2nd EVENT	3rd + EVENT
Free Skate (Pre. Juv.-Juv)	IJS	\$190		
<i>Combined (Novice-Senior) – SP & FS (See 2020 rules)</i>	IJS	\$240		
SPECIALTY	JUDGING	1st EVENT	2nd EVENT	3rd + EVENT
Compulsory Moves (No Test–Juvenile/Open Juvenile)	6.0	\$190	\$50	\$50
Jumps Challenge (PrePreliminary–Senior)	6.0	\$190	\$50	\$50
Spins Challenge (PrePreliminary–Senior)	6.0	\$190	\$50	\$50
SHOWCASE	JUDGING	1st EVENT	2nd EVENT	3rd + EVENT

Dramatic Entertainment (No Test –Intermediate)	6.0	\$190	\$50	\$50
Light Entertainment (No Test – Intermediate)	6.0	\$190	\$50	\$50

OFFICIAL NQS SINGLES EVENTS: OPEN TO ALL SKATERS! YOU DO NOT NEED TO BE REGISTERED IN THE NQS SERIES TO SKATE.

SINGLES

All National Qualifying Series competitions for singles must offer the following events:

- Juvenile Girls, Intermediate Ladies, Novice Ladies, Junior Ladies, Senior Ladies
- Juvenile Boys, Intermediate Men, Novice Men, Junior Men, Senior Men

Conduct of events:

The Competitions Committee submitting a Request for Action (RFA) to the 2020 Governing Council to change the conduct of events, to allow all athletes to earn a Final TS (and NQS ranking) and the conduct of events outlined below incorporates the proposed change. While this will not be officially approved until Governing Council, the Competitions Committee is fully anticipating its approval.

Singles events will be conducted as follows:

If fewer than 25 athletes enter an event, there will be only one group, with a Free Skate only for Juvenile and a combined Short Program + Free Skate for Intermediate – Senior.

If more than 24 athletes enter an event, skaters will be divided into groups as follows:

- 25 – 36 entries: 2 groups
- 37 – 54 entries: 3 groups
- 55 – 72 entries: 4 groups
- 73 – 90 entries: 5 groups
- 91 – 144 entries: 6 groups

Juvenile: Each skater will compete a Free Skate program only, in whichever group they have been assigned to. The score earned in that free skate is considered their Final, Total Score (TS), which counts as their official score for the National Qualifying Series standings.

Intermediate – Senior: All skaters in all groups will skate a combined Short Program + Free Skate = Total Score. The TS earned in whichever group the skater is assigned to is considered their official score for the National Qualifying Series ranking.

SINGLES

All National Qualifying Series competitions for singles must offer the following events:

- Juvenile Girls, Intermediate Ladies, Novice Ladies, Junior Ladies, Senior Ladies
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Intermediate – Senior: All skaters in all groups will skate a combined Short Program + Free Skate = Total Score. The TS earned in whichever group the skater is assigned to is considered their official score for the National Qualifying Series ranking.

COMBINED SHORT PROGRAM & WELL BALANCED FREE SKATE EVENTS- Combined Events will be available for Intermediate through Senior levels. All skaters will compete both the short program and the freeskate within their group. **There will be no final round.** The ISU Judging System will be used for all Intermediate, Novice, Junior, and Senior Combined Events. Intermediate, Novice, Junior, & Senior skaters should be sure to fill out their Planned Program Content Forms & submit their music online. Juvenile Freeski will also be offered as an NQS event. Long programs will be skated and skaters will compete only in their group. **There will be no final round.** Short programs for Juvenile/Open Juvenile skaters are a separate event.

General event parameters:

1. Skaters may not enter both a Well Balanced Free Skate event and an Excel Free Skate event at the same nonqualifying competition.
2. Skaters will skate to the music of their choice. Vocal music is permitted.
3. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
4. 6.0 judging system will be used for these events except for Open Juvenile FS which will use IJS.
5. All relevant and appropriate IJS rules will be used. Coaches and athletes are expected to be aware of these rules by reading the documents on Skating Rules & Resources page of the specific discipline or program located under Skating Opportunities on [Members Only](#).

Excel Free Skate These events are NOT part of the Excel Series.

General event parameters:

Skaters may not enter both a Well-Balanced Free Skate event and an Excel Free Skate event at the same nonqualifying competition.

Skaters will skate to the music of their choice. Vocal music is permitted at all levels.

Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or “skate up” to one level higher.

Minimum number of spin revolutions are in () following the spin description. Revolutions must be in position.

The following deductions will be taken:

- 0.1 from each mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra element included.
- 0.1 from the technical mark for any spin that is less than the required minimum revolutions.

See Excel Program Requirements & offered event levels as outlined in the current 2020 Rulebook.

JUVENILE/OPEN JUVENILE SHORT PROGRAM ONLY- Short program only events will be offered at the Juvenile & Open Juvenile levels. **These are NOT NQS events.** Required element times will be as set forth in the Rulebook for the 2020 competitive season. There will be no final round for the short program only events. Juvenile and Open Juvenile short programs will be 2:10 minutes max and will use the same elements prescribed in the Rulebook for the Intermediate short program. Open Juvenile will be put in a separate age division from Juvenile if possible. **IJS Judging System will be used for Juvenile & Open Juvenile Short Program Only events.**

[Singles Short Program 2020 – 2021 \(Juvenile – Senior\)](#)

ADDITIONAL SINGLES EVENTS:

COMPULSORY MOVES – SINGLES

[Compulsory Moves \(No Test – Juvenile/Open Juvenile\)](#)

General event parameters: 1. No Test – Pre-Juvenile: Elements skated on ½ ice 2. Juvenile – Open Juvenile: Elements skated on full-ice 3. The skater must demonstrate the required elements (performed once only) and may use any additional elements from previous levels. 4. A 0.2 deduction will be taken for each element performed from a higher level. 5. Music is not allowed. 6. Skaters may compete at their test level or one level higher.

Level Time Skating rules/standards

No-Test 1:15 max.

• Loop jump • Jump combination to include a toe loop (may not use a loop or Axel) • Upright spin with change of foot – minimum 3 revolutions on each foot • Choreographic step sequence

PrePreliminary

1:15 max.

• Lutz jump • Jump combination: single/single (no Axel) • Spin with one change of position and no change of foot – minimum 6 revolutions total • Choreographic step sequence

Preliminary 1:15 max.

• Axel jump • Jump combination: single/single (may include Axel) • Spin with one change of foot and one change of position – minimum 3 revolutions on each foot • Choreographic step sequence

Pre – Juvenile

1:15 max.

1. Axel or double Salchow 2. Jump combination: single/single (may include Axel) 3. Layback spin or camel spin - minimum three revolutions 4. Step sequence – must include rotating in both directions

Juvenile & Open Juv.

1:15 max.

1. Double Salchow or double toe loop 2. Jump combination: single/single or double/single 3. Layback spin or camel spin - minimum four revolutions 4. Step sequence – must include 3 difficult turns and rotating in both directions.

OFFICIAL NQS PAIRS EVENTS:

[Juvenile + Intermediate Pairs Free Skate](#)

[Novice – Senior Combined Short Program + Free Skate](#)

These events are combined short and long program and are part of the NQS Series. All Teams are welcome. You do NOT need to be a part of the NQS series to compete.

Test level is as of 4/30/20. The ISU Judging System will be used for all Novice through Senior Pair short program events & PreJuvenile through Senior freeskating events. Please consult the 2020 Rulebook for SP & well balanced program requirements for 2020 season.

EVENT	DURATION
PreJuvenile	2 minutes +/- 10 secs
Juvenile	2 minutes 30 seconds +/- 10 secs
Intermediate	SP-2mins 30 secs max FS-3 mins +/- 10 secs
Novice	SP – 2 mins 50 secs max FS – 3 mins 30 secs +/- 10 secs
Junior	SP – 2 mins 40 secs +/- 10 secs FS – 3 mins 30 secs +/- 10 secs
Senior	SP – 2 mins 40 secs +/- 10 secs FS – 4 mins +/- 10 secs

SINGLES JUMPS CHALLENGE-: Entrants will qualify according to their freeskating level. PrePreliminary through PreJuvenile will be skated on half ice. All other levels will skate on full ice. Jumps should be performed exactly as stated. Skaters will be given two opportunities to perform each jump and will be judged on the best one. If they are satisfied with their first attempt, the second attempt need not be executed, however, the skater must inform the referee of their intention to only execute 1 attempt. The following format will be used for this event: the first skater will take the ice and perform the



first jump twice, pause and then attempt the second jump twice before going on to subsequent jumps & then the next skater. This procedure will be repeated throughout the event. Maximum time is **2 ½ minutes** for PrePreliminary through Intermediate and **5 minutes** for Novice through Senior.

General event parameters: 1. Each jump may be attempted twice; the best attempt will be counted. 2. Pre-juvenile and lower will be skated ½ ice; Juvenile – senior will be skated on full ice

Level Time Skating rules / standards

Beginner

1:15 max.

1. Waltz jump (from backward crossovers) 2. ½ flip or ½ Lutz 3. Single Salchow

High Beginner

1:15 max.

1. Waltz jump (from backward crossovers) 2. Single Salchow 3. Jump combination – waltz jump-toe loop

No-Test

1:15 max.

1. Single toe loop 2. Single loop 3. Jump combination – Any two ½ or single revolution jumps (no Axel)

Pre – Preliminary

1:15 max.

1. Single toe loop 2. Single flip 3. Jump combination - Any two ½ or single revolution jumps (no Axel)

Preliminary

1:15 max.

1. Single flip 2. Single Lutz 3. Jump combination – Any single jump + single loop (may include Axel)

Pre – Juvenile

1:15 max.

1. Single Axel or double Salchow 2. Single or double jump 3. Jump combination – single/single (may include Axel)

Juvenile & Open Juv.

1:15 max.

1. Single Axel 2. Double Salchow or double toe loop 3. Jump combination – single/single or double/single (may include single Axel)

Intermediate

1:30 max.

1. Single Axel 2. Double toe loop or double loop 3. Jump combination – double/single or double/double (may include single Axel)

Novice

1:30 max.

1. Double loop 2. Double flip 3. Jump combination – double/double (may include double Axel)

		1. Choice of double or triple jump
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Junior	5:00 max.	2. Double or triple flip* 3. Jump combination – double/double, triple/double, triple/triple
Senior	5:00 max.	1. Choice of double or triple axel 2. Double or triple Lutz* 3. Jump combination – double/double, triple/double, triple/triple, quad/double or quad/triple

*must be done out of footwork

Spins Challenge

General event parameters:

1. Spins may be skated in any order. Connecting steps are allowed but will not be taken into consideration in scoring. Spins may not be repeated. Only required elements may be included.
2. All events are skated on ½ ice.
3. Minimum number of revolutions are noted in parentheses.

Beginner

1:30 max.

1. Upright one-foot spin (3 revs) 2. Upright back spin (3 revs) 3. Sit spin (3 revs)

High Beginner

1:30 max.

1. Upright one-foot spin (4 revs) 2. Upright spin with change of foot (3 revs on each foot) 3. Sit spin (3 revs)

No-Test

1:30 max.

1. Upright spin with change of foot (3 revs on each foot) 2. Sit spin (3 revs) 3. Camel spin (3 revs)

Pre – Preliminary

1:30 max.

1. Spin with one change of position* and no change of foot (6 revs) 2. Backward sit spin (3 revs) 3. Camel spin (4 revs)

Preliminary

1:30 max.

1. Spin with one change of foot and one change of position* (min. 3 revs each foot) 2. Combination sit spin with change of foot (min. 3 revs each foot) 3. One position spin – skater's choice (upright, sit or camel), (4 revs)

Pre – Juvenile

1:30 max.

1. Backward entry into back camel spin (4 revs) 2. Combination spin – All 3 basic positions are required (camel, sit, upright), (2 revs in each position) 3. Forward to backward scratch spin (min 4 revs per foot)

Juvenile & Open Juv.

1:30 max.

1. Sit spin (4) 2. Combination spin – with change of foot; all 3 basic positions required 2 revs in each position (min. 4 revs per foot) 3. Girls – layback spin (6 revs); Boys – camel spin (5 revs)

Intermediate

1:30 max.

1. Flying camel spin-basic camel position required (5 revs) 2. Sit spin to backward sit spin-basic sit position required (4 revs per foot) 3. Combination spin – change of foot & all 3 basic positions required (2 revs in each position & min 5 revs per foot)

Novice

1:30 max.

1. Illusion to back scratch spin; may change feet (6 revs) 2. Camel spin to backward camel spin (4 revs per foot) 3. Combination spin – change of foot, all 3 basic positions required (2 revs in each position & min 6 revs per foot)

Junior

1:30 max.

1. Flying sit spin or flying reverse sit spin (6 revs) 2. Solo spin of choice – may not fly (8 revs) 3. Combination spin – with change of foot, all 3 basic positions required (2 revs in each position & min 6 revs per foot)

Senior

1:30 max.

1. Flying spin of choice (8 revs) 2. Solo spin of choice (8 revs) – may not fly 3. Combination spin – with change of foot, all 3 basic positions required (2 revs in each position & min 6 revs per foot)

* There are 3 basic spin positions: Upright, Sit and Camel. Any variation of these positions is still considered the same position (i.e. a broken leg spin is still a sit position. A camel-sit-broken leg spin has one change of position).

ARTISTIC EVENTS- Artistic events will be offered for the PrePreliminary through Intermediate levels in three categories. Skaters may enter one or all of these categories – Dramatic (a serious emotional artistic interpretation), Light (any performance not serious enough to be considered dramatic), and Duet (either Dramatic or Light). Qualifications are the same as for freestyle. PrePreliminary through PreJuvenile programs will be 1 minute 40 seconds maximum. Juvenile through Intermediate programs will be 2 minutes 10 seconds maximum. Costumes are encouraged but not mandatory. Only hand-held props or props that may be safely placed on the ice and removed by the skater in 30 secs may be used. Judging will emphasize artistic expression. Music will be of the skater's choice and may be vocal. Ladies and Men will compete together.

SEE CURRENT RULEBOOK OR U.S. FIGURE SKATING WEBSITE FOR CURRENT RULES AND REQUIREMENTS

PEGGY FLEMING TROPHY

We invite you to enter the 3rd annual Peggy Fleming Trophy on Wednesday, July 1st, 2020 during the Broadmoor Open Competition.

The event will combine 18 Senior Men and Ladies who will compete together and against each other for the Trophy. The focus of the event is to showcase each skater's ability to artistically express and present a complete 3:30 minute composition while demonstrating superior technical skills. Entry fee is \$120.

The Prize money for a podium finish will continue as follows:

- 1st place: \$3,000

This event is a standard U.S. Figure Skating Nonqualifying Competition - LG + MC 2/13/2020



- 2nd place: \$2,000
- 3rd place: \$1,000

In 2020 there will be nine technical elements which have fixed base values and receive Grade of Execution (GOE) marks based on the artistic execution of the element in relationship to the program as a whole. The elements are as follows:

- 4 jump elements (adding one additional jump pass this year, a required axel-type jump)
- 3 spin elements
- 1 step sequence
- 1 signature move

AERIAL CHALLENGE

You are invited to participate in the sixth annual Aerial Figure Skating Challenge, which will take place at the 2020 Broadmoor Open, Thursday, July 2nd. This event features a *new streamlined format*. The deadline to register is **June 1, 2020. Entry fee is \$90.**

If you are not familiar with this event, here are some facts you should know:

Primary Goals:

1. To inject the sport of figure skating with an event that appeals to the millennial generation in the spirit of the X Games and *Dancing with the Stars* formats.
2. To provide technical developmental opportunities to top level International Selection Pool and Athlete High Performance Development Pool athletes where they can compete high risk elements in a competitive environment and gain experience before trying these elements in Grand Prix events and other high level competitions.
3. To provide additional funding opportunities for athletes through substantial prize money.
4. This event is open to US ISP athletes and any other US athletes from the Broadmoor Open Jump Challenge as designated by the LOC. Foreign athletes are not eligible to compete.

Name: The Aerial Figure Skating Challenge

Where: Broadmoor Open, Colorado Springs, CO

When: Thursday, July 2, 2020

Format:

Skaters will demonstrate various jumping skills based upon a skating order.

A referee, technical specialist and assistant technical specialist will call the element per ISU rules, **using the review process ONLY in the Championship Round.**

ISU judges will assess a Grade of Execution (GOE) for each jump performed based on a scale of 1-10 (scoring basis available upon request).

No programs/choreography will be used for the event. Music will be used for the warm up and skaters may create a playlist and submit for playback when they are performing their jumps if they choose.

Ladies and men will compete separately with prize money being awarded to the top three men and ladies finishers.

1st- \$1000 2nd- \$750 3rd- \$500

Aerial Figure Skating Challenge:

- Top finishers of the Broadmoor Open Jump Events at the junior and senior levels go head on with all High Performance Development and ISP athletes in Saturday's event.
- Only one attempt per jump but the skaters can elect to redo **one** jump element in any round if they choose.

Semifinal Round

- Skaters will perform one combination with the following requirement.
- **Three jump combination** of choice (must include at least two different triple jumps)
- Results will determine skate order. Top 5 ladies and men qualify to the Final Round. Skaters will skate in reverse order of placement.

Final Round Men

- Skaters will perform one combination from the following category:
 - o **Triple Axel combination**
- Results will determine skate order. Top 3 men qualify to Championship Round. Skaters will skate in reverse order of placement.

Final Round Ladies

- Skaters will perform one jump from the following categories:
 - o **any two jump combination with 3T as the second jump**
- · Results will determine skate order. Top 3 ladies qualify to Championship Round. Skaters will skate in reverse order of placement.

Championship Round Men

- Skaters will perform two quadruple jumps back to back using the full ice surface.
 - o **Quadruple of choice (may include a combination) performed on one end of the ice followed by another quadruple of choice on the opposite end (if the skater completes two different quads then a three point bonus is awarded)**

Championship Round Ladies

- Skaters will attempt a 3A or a quad of choice

o **3A or quadruple attempt**

Results will determine prize money and **Overall Jumping Champion:** the male and female skater with the highest Technical Element Score (TES)

Championship Prize Money (for ladies and men):

1st – \$1,000

2nd – \$750

3rd – \$500

2020 Skate Colorado Compete USA Series

<p>Aspen Invitational (Lewis Arena) Date: December 6-7, 2019 www.aspenfigureskatingclub.com 0861 Maroon Creek Rd Aspen, CO Competition Chair: Janette Buchanan janettebuchanan@yahoo.com (650) 465-1720 Competition Application Deadline: October 25, 2019</p>	<p>Denver Invitational (South Suburban) Date: March 14-15, 2020 www.denverfsc.org Cancelled 6580 So. Vine Street Centennial, CO 80121 Competition Chair: Lisa May lisa@denverfsc.org (720) 272-0290 Competition Application Deadline: Feb 2, 2020</p>
<p>Ft. Collins Classic (EPIC) Date: April 2-5, 2020 www.fortcollinsfsc.org Cancelled 1801 Riverside Fort Collins, CO 80525 Competition Chair: Kelly Cann kelly.cann79@gmail.com (970) 237-9842 Competition Application Deadline: March 2, 2020</p>	<p>Funtastics (APEX) Date: April 18, 2020 www.alpinesc.org Cancelled 13150 W 72nd Ave Arvada, CO 80005 Competition Chair: Carol Zeles cmzeles@gmail.com (303) 979-0802 Competition Application Deadline: March 7, 2020</p>
<p>Colorado College Cup (Honnen Ice Arena) Date: May 10, 2020 http://www.coloradocollege.edu/other/honnen Cancelled 14 Cache La Poudre St. Colorado Springs, CO 80903 Competition Chair: Linda Alexander/Donna Schoon lalexander@coloradocollege.edu or dschoon499@gmail.com (719) 389-6156 Competition Application Deadline: April 12, 2020</p>	<p>Front Range Invitational (Greeley Ice Haus) Date: June 6, 2020 www.mountainviewskatingclub.com 900 8th Avenue Greeley, CO 80633 Competition Chair: Melayna Rael cmrael@comast.net (970) 302-4253 Competition Application Deadline: May 17, 2020</p>
<p>Broadmoor Open (World Arena) Date: June 28, 2020 www.broadmoorskatingclub.com 3185 Venetucci Blvd Colorado Springs, CO 80906 Competition Chair: Barbara Bradley HoneyB23@aol.com 719-540-5655</p>	<p>Colorado Springs Invitational (Monument Ice Rinks) Date: September 13, 2020 www.centennialskatingclub.org 16240 Old Denver Highway Monument, CO 80132 Competition Chair: Lisa Landon Lisa_landon@comcast.net (719) 659-0912</p>

Competition Application Deadline: April 30, 2020

Competition Application Deadline: Aug 7, 2020

***** All 2020 Skate Colorado Compete USA Competition Series awards will be presented at the conclusion of this competition *****

Fees for this event are:

\$70 for first event entered.

\$25 for each additional event entered.

\$16 per person per session for Practice Ice.

MISSION STATEMENT: To provide an opportunity for Colorado skaters to develop their skating skills in a fun, competitive environment.

AWARDS: During the competition season, skaters and teams/clubs will have the chance to compete at 8 different competitions and earn points for a final standing. Trophies and medals will be awarded at the conclusion of the Skate Colorado Compete USA competition at the 2020 Colorado Springs Invitational.

*Skate Colorado Compete USA Series Team Banner (3x4) – 1st, 2nd, and 3rd place banners will be awarded to the club/skating school with the most points scored throughout the entire series (all 8 competitions) by skaters representing that club/skating school (points for clubs and skating schools located at the same rink will be added together to enhance and create more of a “team” concept). Points will be awarded based upon the same system as the individual points. **Only the top 10 team members’ OVERALL scores FOR THE ENTIRE SEASON (including move up points) will count toward the team points for the determination of the team trophy.** Tie breakers will be the same as the individual tie breakers.*

Free Skate Program and Elements/Compulsory Series Point System

A skater must enter **BOTH** the Free skate Program **AND** the Elements/Compulsory event **IN THE SAME LEVEL** in each of at least **TWO** of the **EIGHT** registered Skate Colorado Compete USA Competitions to be eligible for accumulating points. Skaters must compete in a minimum of 2 competitions. **Only up to the best 4 scores (free skate and compulsory/elements added together) of the season will be totaled for the final score in the series.** Each event will have a maximum of six skaters. Both youth and adults may accumulate points!

The system for scoring points for the trophies will be as follows:

1 st place	6 points
2 nd place	5 points
3 rd place	4 points
4 th place	3 points
5 th place	2 points
6 th place	1 point

** A skater will earn three points toward their overall standing each time the skaters enters a level that is higher than the level competed in at the previous competition throughout the duration of the series. In order to keep the extra three points he/she must compete in that level or higher in all subsequent competitions. Move up points will be awarded for all 8 series events (even though the event point scores may not be one of the final four best scores).*

In the event that there is only one skater in an event, the skater will have the choice to skate alone OR move up a level to compete against other skaters, **HOWEVER, THE SKATER WILL HAVE TO MOVE UP IN BOTH THE ELEMENTS/COMPULSORY MOVES AND THE PROGRAMS W/MUSIC EVENTS.** In this case, those skaters will be allowed to move back to their original level to compete at the next competition and shall not be awarded the 3 point move up credit.

If an event has 2-6 skaters, the points will be awarded as if there were six skaters in the group. If there is only one skater in the group, that skater will be awarded three points.

In case of a tie, the total number of skaters that the competitor has skated against throughout the series (all competitions and not just the competitions with the 4 best scores) will be the 1st tie breaker. The total score for all free skate events during the season will be the 2nd tie breaker, the total score for all compulsory events during the season will be the 3rd tie breaker, and the number of levels increased throughout the season will be the 4th tie breaker.

All points follow the skater throughout the series, so if a skater moves up to higher levels, the points follow the skater. Once a skater moves up a level, they may not compete at a lower level unless they moved up as a result of having no other skaters in their group.

Trophies will be awarded 1-3 in each level from Snowplow Sam through Free Skate 6 and Adult 1-6. The trophies will be awarded to the skaters at their level as of the last competition in which they compete.

Rules and Format:

COMPETITION ANNOUNCEMENT

The **Skate Colorado Compete USA Series** is sponsored equally by the **8** participating ice rinks and/or U.S. Figure Skating member clubs. Competition packages will be available at all participating ice rinks and/or via the club or rink websites. Each competition will have its own entry forms and specific rules so please make sure to read the entire announcement for each competition.

ELIGIBILITY RULES FOR PARTICIPANTS

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Learn to Skate USA Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Learn to Skate USA Program/Club or any other Learn to Skate USA Program/Club.

Eligibility will be based on skill level as of the closing date of entries.

All Snowplow Sam through Basic 6 skaters are eligible to skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition and **NO official U.S. Figure Skating tests may have been passed including MIF or individual dances.**

All Pre-Free Skate through Free Skate 6 skaters are eligible to skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition. **Skaters may have passed Pre-Preliminary MITF and no higher, Preliminary Dance and no higher, and may NOT have passed any U.S. FIGURE SKATING free skate tests.**

It is very important to the success of the series that skaters are placed in the correct divisions. If, for whatever reason, the local organizing committee and/or their Chief Referee discover that a skater has been placed in a category that is below their class level, the chair and referee will have the option to move the skater to the proper division, even if this has to be done the day of the competition. This will ensure that every event is as fair as possible to the competitors.

Elements: Snowplow Sam – Basic 6

Format: Each skater will perform one element at a time in the order listed below (no excessive connecting steps or choreography)

- To be skated on ½ ice, no music
- **All elements must be skated in the order listed – no additional elements are allowed**
- **The skater must demonstrate the required elements as described**
- **Each element may only be attempted once**
- Time: 1:00 MAX

Compulsory: Pre-Free Skate – Free Skate 6 and Adults 1-6

Format: In program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice, no music
- **The skater must demonstrate the required elements as described**
- **Each element may only be attempted once**
- **May use any additional elements from previous levels as connecting steps.**
- **Bonus skills from the same level or below are allowed but will not be judged elements**
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:15 MAX Pre-Free Skate – Free Skate 6; 1:30 MAX Adult 1-6

Programs with Music: Snowplow Sam – Basic 6

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.

- To be skated on full ice
- Vocal music is allowed
- **The skater must demonstrate the required elements as described and may use any additional elements from their current level or a previous level**
- **Bonus skills from the same level or below are allowed but will not be judged elements**
- If the description of a required move states the direction of the element or the placement of the free leg, then options are **NOT** allowed
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:10 MAX

Programs with Music: Pre-Free Skate – Free Skate 6 and Adult 1 – 6

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.

- To be skated on full ice
- Vocal music is allowed.
- **The skater must demonstrate the required elements as described and may use, but is not required to use, any additional elements from their current level (including bonus elements) or a previous level**
- **Bonus skills from the same level or below are allowed but will not be judged elements**

- If the description of a required move states the direction of the element or the placement of the free leg, then options are **NOT** allowed
- A .2 deduction will be taken for each element performed from a higher level
- Time 1:40 MAX

Required Descriptions for Elements & Compulsories

Level	Skating rules / standards	Level	Skating rule/ standards
Snowplow Sam	<ul style="list-style-type: none"> • March followed by a two-foot glide and dip • Forward two-foot swizzles, 2-3 in a row • Forward snowplow stop • Backward wiggles, 2-6 in a row 	Free Skate 3	<ul style="list-style-type: none"> • Alternating Mohawk/crossover sequence, right to left and left to right • Waltz three-turns, 2 sets clockwise and 2 sets counterclockwise • Advanced back spin with free foot in crossed leg position – minimum 3 revolutions • Loop jump • Waltz jump/toe loop or Salchow/toe loop jump combination
Basic 1	<ul style="list-style-type: none"> • Forward two-foot glide and dip • Forward two-foot swizzles, 6-8 in a row • Beginning snowplow stop on two-feet or one-foot • Backward wiggles, 6-8 in a row 	Free Skate 4	<ul style="list-style-type: none"> • Forward power 3's, 2-3 consecutive sets, right or left • Sit spin - minimum 3 revolutions • Half loop jump (Euler) • Flip jump
Basic 2	<ul style="list-style-type: none"> • Forward one-foot glide (no variations), either foot • Scooter pushes, right and left foot, 2-3 each foot • Moving snowplow stop • Two-foot turn in place, forward to backward • Backward two-foot swizzles, 6-8 in a row 	Free Skate 5	<ul style="list-style-type: none"> • Backward outside three-turn, Mohawk (backward power three-turn), both directions • Camel spin - minimum 3 revolutions • Waltz jump - loop jump combination • Lutz jump
Basic 3	<ul style="list-style-type: none"> • Beginning forward stroking showing correct use of blade • Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive • Forward slalom • Moving forward to backward two-foot turn on a circle • Beginning backward one-foot glide, either foot 	Free Skate 6	<ul style="list-style-type: none"> • Forward power pulls, minimum 3 on each foot • Camel, sit spin combination - minimum of 4 revolutions total • Waltz jump/Euler (half loop)/ Salchow jump combination • Beginning Axel jump: minimum requirement is a clear attempt either stationary or moving
Basic 4	<ul style="list-style-type: none"> • Forward outside edge on a circle, clockwise or counter clockwise • Forward crossovers, 4-6 consecutive, clockwise and counterclockwise • Backward ½ swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive • Backward one-foot glides (no variations), right and left • Beginning two-foot spin, max 4 revolutions 	Adult 1	<ul style="list-style-type: none"> • Forward marching • Forward two-foot glide • Forward swizzle (4-6 in a row) • Forward snowplow stop – two feet or one foot
Basic 5	<ul style="list-style-type: none"> • Backward outside edge on a circle, clockwise or counterclockwise • Backward crossovers, 4-6 consecutive, clockwise and counterclockwise • Forward outside three-turn, right and left • Advanced two-foot spin, min 4 revolutions • Hockey stop 	Adult 2	<ul style="list-style-type: none"> • Forward skating across the width of the ice • Forward one-foot glides • Forward slalom • Backward skating • Backward swizzles, 4-6 in a row
Basic 6	<ul style="list-style-type: none"> • Forward inside three-turn, right and left • Bunny Hop • Basic forward spiral on a straight line (no variations), right or left • Beginning one-foot spin, max 3 revolutions, optional free leg held position and entry • T-stop, right or left 	Adult 3	<ul style="list-style-type: none"> • Forward stroking using the blade properly • Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise • Forward chasses on a circle, clockwise and counterclockwise • Backward skating to a long two-foot glide • Backward snowplow stop, right and left
Pre-Free Skate	<ul style="list-style-type: none"> • Forward inside open Mohawk from a standstill position (R to L and L to R) • Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise • Basic one-foot upright spin, optional entry and free-foot position - minimum 3 revolutions • Mazurka • Waltz jump 	Adult 4	<ul style="list-style-type: none"> • Forward outside edge on a circle, right and left • Forward inside edge on a circle, right and left • Forward crossovers, clockwise and counterclockwise • Hockey stop, both directions • Backward one-foot glides, right and left
Free Skate 1	<ul style="list-style-type: none"> • Forward stroking, 4-6 consecutive powerful strokes • Backward outside three-turns, right and left • One-foot upright spin, entry from backward crossovers, with free foot in crossed leg position (scratch spin) - minimum 4 revolutions • Toe loop • Half flip jump 	Adult 5	<ul style="list-style-type: none"> • Backward outside edge and backward inside edge on a circle, right and left • Backward crossovers, clockwise and counterclockwise • Forward outside three-turn, right and left • Beginning two-foot spin (min 2 revolutions)

Free Skate 2	<ul style="list-style-type: none"> • Alternating forward outside spiral (right and left) and forward inside spiral (right and left) on a continuous axis • Backward inside three-turns, right and left • Beginning back spin – max 2 revs • Half Lutz • Salchow jump 	Adult 6	<ul style="list-style-type: none"> • Forward stroking with crossover end patterns • Backward stroking with crossover end patterns • Forward inside three-turn, right and left • T-stop • Lunge • Two-foot spin into one-foot spin (min 2 revs on 1 foot)
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Required Descriptions for Programs with Music

Level	Skating rules / standards	Level	Skating rule/ standards
Snowplow Sam	<ul style="list-style-type: none"> • March followed by a two-foot glide and dip • Forward two-foot swizzles, 2-3 in a row • Forward snowplow stop • Backward wiggles, 2-6 in a row 	Free Skate 3	<ul style="list-style-type: none"> • Alternating Mohawk/crossover sequence, right to left and left to right • Advanced back spin with free foot in crossed leg position, (minimum 3 revolutions) • Loop jump • Waltz jump-toe loop or Salchow-toe loop jump combination • NOT ALLOWED – Waltz/Loop combination
Basic 1	<ul style="list-style-type: none"> • Forward two-foot glide and dip • Forward two-foot swizzles, 6-8 in a row • Beginning snowplow stop on two-feet or one-foot • Backward wiggles, 6-8 in a row 	Free Skate 4	<ul style="list-style-type: none"> • Forward power 3's, 2-3 consecutive sets, right or left • Sit spin - minimum 3 revolutions • Half Loop jump (Euler) • Flip jump • NOT ALLOWED – Waltz jump/Half Loop/Salchow combination
Basic 2	<ul style="list-style-type: none"> • Forward one-foot glide, either foot • Scooter pushes, right and left foot, 2-3 each foot • Moving snowplow stop • Two-foot turn in place, forward to backward • Backward two-foot swizzles, 6-8 in a row 	Free Skate 5	<ul style="list-style-type: none"> • Backward outside three-turn, Mohawk (backward power three-turn), both directions • Camel spin - minimum three revolutions • Waltz - loop jump combination • Lutz jump
Basic 3	<ul style="list-style-type: none"> • Beginning forward stroking showing correct use of blade • Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive • Forward slalom • Moving forward to backward two-foot turn on a circle • Beginning backward one-foot glide, either foot 	Free Skate 6	<ul style="list-style-type: none"> • Creative step sequence using a variety of three turns, mohawks, and toe steps • Camel, sit spin combination - minimum of 4 revolutions total • Waltz jump/Euler (half loop)/ Salchow jump combination • Beginning Axel jump: minimum requirement is a clear attempt either stationary or moving
Basic 4	<ul style="list-style-type: none"> • Forward outside edge on a circle, clockwise or counter clockwise • Forward crossovers, 4-6 consecutive, clockwise and counter clockwise • Backward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive • Backward one-foot glides (no variations), right and left • Beginning two-foot spin, max 4 revolutions 	Adult 1	<ul style="list-style-type: none"> • Forward marching • Forward two-foot glide • Forward swizzle (4-6 in a row) • Forward snowplow stop – two feet or one foot
Basic 5	<ul style="list-style-type: none"> • Backward outside edge on a circle, clockwise or counterclockwise • Backward crossovers, 4-6 consecutive, clockwise and counter clockwise • Forward outside three-turn, right and left • Advanced two-foot spin, min 4 revolutions • Hockey stop 	Adult 2	<ul style="list-style-type: none"> • Forward skating across the width of the ice • Forward one-foot glides • Forward slalom • Backward skating • Backward swizzles, 4-6 in a row
Basic 6	<ul style="list-style-type: none"> • Forward inside three-turn, right and left • Bunny Hop • Basic forward spiral on a straight line (no variations), right or left • Beginning one-foot spin, max 3 revolutions, optional entry and free leg held position • T-stop, right or left 	Adult 3	<ul style="list-style-type: none"> • Forward stroking using the blade properly • Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise • Backward skating to a long two-foot glide • Forward chases on a circle, clockwise and counterclockwise • Backward snowplow stop, right and left
Pre-Free Skate	<ul style="list-style-type: none"> • Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counter clockwise • Basic one-foot upright spin, optional entry and free-foot position (minimum 3 revolutions) • Mazurka • Waltz jump • NOT ALLOWED – Waltz jump, side toe hop, waltz jump 	Adult 4	<ul style="list-style-type: none"> • Forward outside edge on a circle, right and left • Forward inside edge on a circle, right and left • Forward crossovers, clockwise and counterclockwise • Backward one-foot glides, right and left • Hockey stop, both directions
Free Skate 1	<ul style="list-style-type: none"> • Forward power stroking, 4-6 consecutive powerful strokes • One-foot upright spin, entry from backward crossovers, with free foot in crossed leg position (scratch spin) - minimum 4 revolutions • Toe loop jump • Half flip jump 	Adult 5	<ul style="list-style-type: none"> • Backward outside edge on a circle, right and left • Backward inside edge on a circle, right and left • Backward crossovers, clockwise and counterclockwise • Forward outside three-turn, right and left • Beginning two-foot spin

	<ul style="list-style-type: none"> • NOT ALLOWED – Waltz jump/Toe Loop combination 		
Free Skate 2	<ul style="list-style-type: none"> • Alternating forward outside spiral (right and left) and inside spiral (right and left) on a continuous axis • Beginning back spin, max 2 revolutions • Half Lutz jump • Salchow jump • NOT ALLOWED – Salchow/Toe Loop combination 	Adult 6	<ul style="list-style-type: none"> • Forward stroking with crossover end patterns • Backward stroking with crossover end patterns • Forward inside three-turn, right and left • T-stop • Lunge • Two-foot spin into one-foot spin (min 2 revs on 1 foot)